

MORE THAN YOU THINK

# My Recreation Program Guide

Programs as of  
Tue Apr 7, 2015



[calgary.ca/recreation](http://calgary.ca/recreation)

*Onward!* By 2036, 90 per cent of Calgarians will participate in both informal and structured recreational opportunities.



## YOUR RECREATION PROGRAMS

[Sailing](#) ..... 37 classes

## YOUR RECREATION LOCATIONS

8415 24 ST SW ([map](#))

## ABOUT THIS GUIDE

The program information in this guide is only valid at the time it was created (2015-04-07 12:18 PM). Program availability is not guaranteed, and may change at any time. **Register now** to ensure space is still available. This guide does not include programs that started more than two weeks ago.

## WAIT LIST

*Programs shown in red italics* are **full**. You can be put on a **wait list** and notified if a space becomes available.

## ONLINE REGISTRATION

Click the Course Barcode link next to each Program in this guide to register for that program, or visit [calgary.ca/recreation/eregistration](http://calgary.ca/recreation/eregistration) [\(opens new window\)](#).

For the first day of registration, online access begins at 5:30 a.m. for most programs. Have your User Name/Client Barcode and Account PIN# handy to complete your registration.

## PHONE-IN REGISTRATION

Call 403-268-3800 (option #1)

Monday - Thursday, 8:30 a.m. - 7 p.m.

Friday, 8:30 a.m. - 4:30 p.m.

Saturday, 9 a.m. - 12:30 p.m. and 1 - 3 p.m.

## TTY (Deaf, Hard of Hearing & Speech Impaired)

Call 403-268-3825

Monday - Friday, 8:30 a.m. - 4:30 p.m.

## WALK-IN REGISTRATION

### Recreation Customer Service Centre

2808 Spiller Rd. S.E.

Monday - Friday, 8:30 a.m. - 4 p.m.

### Southland Leisure Centre

2000 Southland Dr. S.W.

(Walk-in registration ends one hour prior to closing.)

### Village square Leisure Centre

2623 56 St. N.E.

(Walk-in registration ends one hour prior to closing.)

**Please note:** Arts Centres do not take walk-in registrations.

## METHODS OF PAYMENT

- Visa, MasterCard or American Express
- CASH, DEBIT CARD or GIFT CARD (Walk-in registration only)
- PERSONALIZED CHEQUE or MONEY ORDER (in person at 2808 Spiller Road SE only.)

Payment is due at time of registration. Make cheques payable to The City of Calgary. A \$25 administration fee is charged on all NSF cheques, credit card chargebacks and declined pre-authorized payments, plus related Financial Institution charges.

## Commitment to inclusion

People with disabilities are encouraged to participate in any of our recreation programs, at a level suitable to their ability and program choice. Please disclose your disability during registration - staff need to know your needs in order to work together to meet them.

## Cancellations, Transfers & Withdrawals

Please see our [policies for registered programs \(PDF\)](#) policies for registered programs (PDF) available at [calgary.ca/recreation/registration](http://calgary.ca/recreation/registration) [\(opens new window\)](#).

## Program forms & Waivers

Some programs have information sheets, program forms or waivers that require review or completion/signature by participant/parent for submission to the program leader at the first class. Refer to your Registration Receipt for details. Program forms and waivers can be found at [calgary.ca/recreationforms](http://calgary.ca/recreationforms) [\(opens new window\)](#).

## SPECIAL EVENTS

Check out [Recreation's special events](#) Recreation's special events [\(opens new window\)](#) or [City of Calgary calendar](#) City of Calgary calendar [\(opens new window\)](#) to find events offered by Calgary Recreation.

## ADMISSION AND PASS RATES

[Aquatic & Fitness Centre pricing](#) Aquatic & Fitness Centre pricing [\(opens new window\)](#)

[Leisure Centre pricing](#) Leisure Centre pricing [\(opens new window\)](#)

[Public skating and shinny hockey pricing](#) Public skating and shinny hockey pricing [\(opens new window\)](#)

[Golf green fees, driving range and rental rates](#) Golf green fees, driving range and rental rates [\(opens new window\)](#)

[Recreation's Admission specials](#) Recreation's Admission specials [\(opens new window\)](#)

## SWIM FOR LIFE TRANSITION CHARTS

Use these [Transition charts for swimming lessons \(PDF\)](#)  
Transition charts for swimming lessons (PDF)to determine  
what Swim for Life level to enroll in if you are switching  
from Red Cross Swim Kids or YMCA swimming lessons.

## Sailing

### **Sailing - CANSail 1/2**

This course is for students looking to work on CANSail 1 and/or 2 skills. Students will sail hands-on and learn navigation skills and knots. Students will sail in winds up to 35 km/hr. Students who have completed Intro to CANSail, White Sail I, II, III, or CANSail 1 are able to take this course.

#### **Glenmore Sailing School**

May 3 - May 31	Su	9:00 AM - 3:00 PM	\$268.50	17 years and older	4 classes	<a href="#">346330</a>
May 5 - May 28	Tu/Th	6:00 PM - 9:00 PM	\$268.50	17 years and older	8 classes	<a href="#">346328</a>
Jun 1 - Jun 13	M/W/Sa	6:00 PM - 9:00 PM	\$268.50	17 years and older	6 classes	<a href="#">346329</a>
Jun 6 - Jun 14	Sa/Su	9:00 AM - 3:00 PM	\$268.50	17 years and older	4 classes	<a href="#">346331</a>
Jul 4 - Jul 25	Sa	9:00 AM - 3:00 PM	\$268.50	14 years and older	4 classes	<a href="#">346343</a>
Jul 7 - Jul 30	Tu/Th	6:00 PM - 9:00 PM	\$268.50	14 years and older	8 classes	<a href="#">346342</a>
Aug 4 - Aug 27	Tu/Th	6:00 PM - 9:00 PM	\$268.50	14 years and older	8 classes	<a href="#">346347</a>
Aug 5 - Aug 31	M/W	6:00 PM - 9:00 PM	\$268.50	14 years and older	8 classes	<a href="#">346346</a>
Aug 22 - Aug 30	Sa/Su	9:00 AM - 3:00 PM	\$268.50	14 years and older	4 classes	<a href="#">346348</a>

### **Sailing - CANSail 3/4**

This course is for students looking to work on CANSail 3 and/or 4 skills. Students will sail hands-on and apply their skills to sailing in winds up to 40 km/hr. Students who have completed Bronze Sail IV, V, CANSail 2 and/or 3 are able to enroll in this course.

#### **Glenmore Sailing School**

May 4 - May 27	M/W	6:00 PM - 9:00 PM	\$268.50	17 years and older	7 classes	<a href="#">346332</a>
Jun 2 - Jun 25	Tu/Th	6:00 PM - 9:00 PM	\$268.50	17 years and older	8 classes	<a href="#">346333</a>
Jul 6 - Jul 29	M/W	6:00 PM - 9:00 PM	\$268.50	14 years and older	8 classes	<a href="#">346344</a>
Aug 5 - Aug 31	M/W	6:00 PM - 9:00 PM	\$268.50	14 years and older	8 classes	<a href="#">346345</a>

### **Sailing - CANSail 4+**

This course is for students looking to work on CanSail 4, 5, and/or 6 skills. Students will sail hands-on and apply their skills to a competitive environment. Students who have completed Bronze Sail V and/or some or all of CANSail 4 are encouraged to enroll in this course.

#### **Glenmore Sailing School**

Jul 6 - Jul 29	M/W	6:00 PM - 9:00 PM	\$268.50	14 years and older	8 classes	<a href="#">346341</a>
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### **Sailing - CANSail 5/Shoots and Wires**

Racing, Spinaker, Trapeze, and advanced boat handling will be covered in this course. Students must have completed the CANSail 4 checklist to register. It is highly recommended that another sailing course be taken prior to this course during the sailing season.

#### **Glenmore Sailing School**

Aug 4 - Aug 14	M/Tu/W/Th/F	9:00 AM - 4:00 PM	\$268.50	14 years and older	9 classes	<a href="#">351558</a>
Aug 17 - Aug 27	M/Tu/W/Th/F	9:00 AM - 4:00 PM	\$268.50	14 years and older	9 classes	<a href="#">351559</a>

### **Sailing - Intro to CANSail**

This is an introductory course that teaches the basics of sailing for wind strengths of 8-15 km/hr. Emphasis is on hands-on experience in the boat and sailing with other students under instructor supervision. Students will work on completing CANSail skills. No sailing experience necessary to enroll in this course.

*\* Programs shown in red italics are full. Wait list only.*

### **Glenmore Sailing School**

May 2 - May 30	Sa	9:00 AM - 3:00 PM	\$268.50	17 years and older	4 classes	<a href="#">346326</a>
<i>May 3 - May 31</i>	<i>Su</i>	<i>9:00 AM - 3:00 PM</i>	<i>\$268.50</i>	<i>17 years and older</i>	<i>4 classes</i>	<a href="#">346327</a>
May 4 - May 27	M/W	6:00 PM - 9:00 PM	\$268.50	17 years and older	8 classes	<a href="#">346322</a>
May 5 - May 28	Tu/Th	6:00 PM - 9:00 PM	\$268.50	17 years and older	8 classes	<a href="#">346324</a>
Jun 1 - Jun 13	M/W/Sa	6:00 PM - 9:00 PM	\$268.50	17 years and older	6 classes	<a href="#">346325</a>
Jun 6 - Jun 14	Sa/Su	9:00 AM - 3:00 PM	\$268.50	17 years and older	4 classes	<a href="#">346323</a>
Jul 4 - Jul 25	Sa	9:00 AM - 3:00 PM	\$268.50	14 years and older	4 classes	<a href="#">346338</a>
Jul 5 - Jul 26	Su	9:00 AM - 3:00 PM	\$268.50	14 years and older	4 classes	<a href="#">346339</a>
Jul 6 - Jul 29	M/W	6:00 PM - 9:00 PM	\$268.50	14 years and older	8 classes	<a href="#">346334</a>
Jul 7 - Jul 30	Tu/Th	6:00 PM - 9:00 PM	\$268.50	14 years and older	8 classes	<a href="#">346336</a>
Aug 4 - Aug 27	Tu/Th	6:00 PM - 9:00 PM	\$268.50	14 years and older	8 classes	<a href="#">346337</a>
Aug 5 - Aug 31	M/W	6:00 PM - 9:00 PM	\$268.50	14 years and older	8 classes	<a href="#">346335</a>
Aug 8 - Aug 16	Sa/Su	9:00 AM - 3:00 PM	\$268.50	14 years and older	4 classes	<a href="#">346340</a>

### **Sailing - Learn to Cruise A - Basics**

Learn to Cruise A - Basics is a two week intensive introductory course to sailing and will teach the basics of learning to sail a keelboat. We recommend students have sailing experience prior to taking this course.

### **Glenmore Sailing School**

May 2 - May 14	Tu/Th/Sa	6:00 PM - 9:00 PM	\$268.50	16 years and older	6 classes	<a href="#">350991</a>
Jun 1 - Jun 11	M/Tu/Th	5:30 PM - 9:30 PM	\$268.50	16 years and older	6 classes	<a href="#">350992</a>
Jul 7 - Jul 30	Tu/Th	6:00 PM - 9:00 PM	\$268.50	16 years and older	8 classes	<a href="#">351538</a>
Aug 4 - Aug 27	Tu/Th	6:00 PM - 9:00 PM	\$268.50	16 years and older	8 classes	<a href="#">351539</a>

### **Sailing - Learn to Cruise B - Racing**

The Learn to Cruise B - Racing is a two week intensive introductory course will teach the basics of learning to sail and race a keelboat. You must have completed Learn to Cruise A - Basics or have significant keelboat sailing experience to take this course.

### **Glenmore Sailing School**

May 19 - May 30	Tu/Th/Sa	6:00 PM - 9:00 PM	\$268.50	16 years and older	6 classes	<a href="#">350994</a>
Jun 15 - Jun 25	M/Tu/Th	5:30 PM - 9:30 PM	\$268.50	16 years and older	6 classes	<a href="#">350995</a>
Jul 6 - Jul 29	M/W	6:00 PM - 9:00 PM	\$268.50	16 years and older	8 classes	<a href="#">351540</a>
Aug 5 - Aug 31	M/W	6:00 PM - 9:00 PM	\$268.50	16 years and older	8 classes	<a href="#">351541</a>